### Overview

A mountain biker's dream, this expedition is truly exhilarating and one-of-a-kind! Explore the best-of-the-best trails in Ecuador. From amazing single-track in varying ecosystems to bumpy and adrenaline pumping ascents with panoramic views—this is one adventure you don't want to miss. Cross the country from the high and brisk Andes, deep into the Cloud Forest, and meander down towards the sunny Coast. Take the ride of your life while learning about Ecuador's vibrant culture.

Accommodation is provided at charming eco-lodges and colonial Haciendas.



Highlights	Activities	Activity level	Skill Ratings	Fitness Rating	Distance & elevation	Season	Minimum age	
→ Bike the lo	st trails of the Ed	cuadorian Andes						
→ Use quality	gear including	full suspension bikes	S					
→ Visit some	of the most bea	autiful Volcanoes of	Ecuador					
→ Discover n	nany ecosystem	s including dry valley	s, high volcano lar	nd, and cloud forest!				
→ Learn abou	ut the Culture of	the Andes						
→ Soak in vo	lcanic hot spring	gs						
→ View Vicur	ías in the wild							
→ Wine and b	peer tasting							
→ Enjoy delic	ious gastronom	у						
→ Stay at unique places in every location								
→ Be led by t	op Activexpediti	on experienced guid	es					
→ Support su	ıstainable travel	to preserve culture a	and nature					

Highlights	Activities	Activity level	Skill Ratings	Fitness Rating	Distance & elevation	Season	Minimum age
→ Mountain E	Biking						
→ Culture							
→ Wildlife							

# Full Itinerary

Day 1

### **Arrival Day**

There are no activities planned for your first day for you to be able to explore the beautiful city of Quito on your own terms, but if you feel like having a guided day tour at extra cost, do not hesitate in contacting us. We are always more than happy to send you with one of our expert guides to learn more about the city or the surrounded areas. Please keep in mind that there is a meeting at 18:00 in the hotel's lobby the first day to meet your guide and the rest of the group as well as learn about what's in store for the days of your expedition!

Overnight: Dann Carlton or similar Meals included: none.



### Valle De La Muerte

Today we will drive up to the Pichincha volcano at 15.000 feet, along the way we will have beautiful views of Andean farms near Lloa village, once at the basecamp of this reserve we will walk our bikes to the summit of this Active Volcano, on clear days is possible to see the crater, after a safety talk we will start riding one of the most epic single tracks of this region, the first part will be on sand and then down the grassland of the Andean paramo, later we continue connecting the DH trails of the Slopes of Teleferico trails into the forest and then ending in the City of Ouito.

Overnight: Dann Carlton or similar Meals included: Breakfast and lunch



### The Infiernillo Trail

From bed to bike our ride starts in the morning from our hotel near the Pululahua Geobotanical Reserve. Pululahua is one of the few calderas in the world where people reside. The area is generally cloudy as this is where the hot current from the pacific reaches the cold altitude of the sierra creating a hugely biodiverse ecosystem. We pedal alongside the breeze leisurely downwards on single track and into a rich green forest. Ending with a beautiful view of the river valley, we will continue down a dirt road to meet up with our transport to the lodge.

Overnight: Yellow Guest House or similar.

Meals included: Breakfast, lunch and dinner.



### El Chota Trail

Fueling up with a healthy breakfast, we will drive north on the Pan-American Highway passing Ibarra and the stunning Imbabura volcano. Our days' adventure begins near Laguna Yahuarcocha on the El Chota trail through rocky terrain, narrow passes, and dry forest. The valley where the ride will take place is generally breezy and dry as the mountain ranges that line its sides act as a shield for oncoming storms. After hours of twists, turns, bumps, and loads of adrenaline we will head back to the hacienda by car to unwind. For those interested in shopping for souvenirs to take home, our driver is readily available to take guests to the Otavalo Market, located a mere 10 minutes from the hacienda.

Overnight: Yellow Guest House or similar.

Meals included: Breakfast, lunch and dinner.



# **Hot Springs And Spa**

Today is to relax and recover, after an scenic drive over the estern range of the Andes we will arrive to Papallacta, at the hots prings you can take a refreshing dip into varying pools of hot a cold volcanic waters, and reinvigorate your body, mind, and soul. If you so choose there are also optional services offered at the facility such as massages and facials. Within the Cayambe Coca Ecological Reserve, where the springs reside, there are also many winding trails to explore for those of you who prefer to be more active. Along the trails it is possible to see orchids, hummingbirds and other varying types of flora and fauna. In the afternoon we will head towards Cotopaxi province to spend the night.

Overnight: Hato Verde or similar.

Meals included: Breakfast and lunch.



### Cotopaxi Volcano Trails

In the morning we will have a short drive, once we check in at the entrance of the reserve we continue by car to the Parqueadero at 14.000 feet, there we get ready for our fist ride down the Owls canyon trail, a mix of sandy and rocky single tracks with a great view of the northern side of the Cotopaxi Volcano, at the end of these trail our driver will pick us up to take us back to the Parqueadero, our second trail will be the Holy Ridge with an steep start on a sandy trail, we continue with a grassy section with some small fun jumps and end into a narrow ravine. Our driver will take us one more time to the top and we will ride The Flight of the Condor trail, a very fast trail next to an impressive canyon, this trail ends with a single track next to the rocky volcanic material from Cotopaxi last eruption. After a picnic and some drinks, we will drive south to Chimborazo province.

Overnight: La Andaluza Hacienda or similar. Meals included: Breakfast and lunch.



### Los Hieleros Trail

To the heights we go southbound to the Chimborazo Wildlife Reserve. Chimborazo is the tallest volcano in the country as well as the closet point to the sun if measured from the center of the earth! Warming up with a trek, we ascend up from the first basecamp at 16.000 ft (4.800m), to the second basecamp at almost 17,000 feet (5.000m). After getting our hearts pumping, we will then go back down to start our day of biking. Named after the dying tradition of collecting ice from the glaciers of Chimborazo, the Hieleros trail makes its way through sandy and rocky terrain and into the Polylepis forest ending near the city of Guaranda. The snowy peaks, multi-colored paths of volcanic sediment, and endless sea of blue Ecuadorian sky on this ride make it a real treat for those seeking to be left breathless.

Overnight: La Guilena Hotel or similar.

Meals included: Breakfast, lunch and dinner



### Mama Rumi Trail

They say to save the best for last and our last ride of this expedition surely checks that box! Mama Rumi Trail is considered one of the top trails for mountain biking in South America and is home turf to the world-renowned Mami Rumi Downhill Race— a heart-pumping, wild ride filled with switchbacks from the high and breezy Andes mountains down to the humid banana plantations of the coast. This trail follows a centuries old Incan footpath used to transport goods and even the local hooch to avoid taxation. Spend the day riding the expanse of the trail ending in between the banana trees on our final day of this adventure.

Overnight: Dann Carlton or similar. Meals included: Breakfast and lunch



Day 9

# Departure

As you depart we thank you and wish you safe travels to wherever your final destination may be! If you wish to continue exploring more of Ecuador, we can help you organize an extension trip to places you did not see during this trip. We thank you for choosing us and hope to see you soon!

Meals included: Breakfast



Included	Not Included	Important Information	Packing list	Terms & Conditions		
→ Experien	ced & Certified Engli	ish-Speaking Guides				
→ Private T	→ Private Transport					
→ Accommodation 8 nights						
→ Meals as listed in the Itinerary						
→ Water an	→ Water and snacks available whenever					
→ - Biking g	→ - Biking gear: (Trek Fuel EX5, "full suspension" whit Shimano SLX brakes), helmets, pads and gloves					
→ All fees t	→ All fees to reserves and museums					

<ul> <li>→ International or domestic flights</li> <li>→ Meals not mentioned in the itinerary</li> <li>→ Tips for guides and drivers</li> <li>→ Travel Insurance – mandatory</li> <li>→ Airport Transfers</li> </ul>	Included	Not Included	Important Information	Packing list	Terms & Conditions	
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